

Studio Policy

CLASSES and SCHEDULING

- If you would like to attend classes at **MOVIBES** on a regular basis we recommend that you schedule your sessions in advance through the **MOVIBES** website (via the online agenda) or through the MindBody App.
- Reservations are required for all classes and private appointments. All lessons must be pre-paid in order to make a reservation. No private sessions will be booked without proof of advanced payment 24 hours prior to the session.
- For scheduling purposes, class sign-up closes 30 minutes prior to the start of the training session. Walk-ins for classes are not recommended; make sure that you have made your reservation, if you want to make sure that you will be able to attend the training session.
- Unless otherwise noted, all sessions are 55 minutes. If you arrive late to class, the instructor must still end the session at the originally scheduled time, both for private and group classes.
- Please arrive on time for group classes. Out of respect for the other participants and for your own safety, we cannot admit clients to class more than 10 minutes after the start of a class.
- Despite our greatest efforts to maintain consistency in our schedule, occasionally there might be changes of timing or instructor. **MOVIBES** reserves the right to cancel any class or appointment with short notice; however, clients will not be charged for the cancelled session.
- No access will be granted into Workshops or Trainings unless full payment is received at least 2 days prior to the commencement of the course.

CANCELLATIONS and RESCHEDULING

- We respectfully require a full twelve (12) hours notice for all cancellations of group classes and twenty-four (24) hours notice for private appointments.
- Cancellations and rescheduling must be carried out through **MOVIBES** website (via the online agenda) or through the MindBody App
- Absentees and cancellations with less than twelve (12) hours notice for group classes and twenty-four (24) hours notice for private classes will be automatically charged as if you had attended the training session.
- PACKAGE EXPIRATION: Trial package - 10 days; 6 class package – 2 months; 12 class package – 4 months.
- If your package is about to expire or you wish to freeze your package, please contact the Studio. We try to be as flexible and understanding as possible upon individual request.

STUDIO and ATTIRE

- Stress-free arrivals are encouraged, so please try to reach **MOVIBES** 10-15 minutes prior to your scheduled class.
- Do not use cell phones in the studio or dressing room as for respect for other clients. Please step into the café/Air area in case you need to make or take a call.
- No street shoes may be worn in the workout area, changing areas or on the equipment at any time.
- Comfortable workout clothing that allows for a full range of movements (soft, form-fitting pants and t-shirts) is recommended. Please do not wear clothes with zippers/snaps that might get caught on the equipment or scratch the equipment upholstery.
- All fitness equipment has its safety concerns, especially if used improperly. Please do not use any equipment without the instructor being present.
- Please help us to keep the Studio in good order by returning props used and wiping the equipment at the end of every session.
- Bringing a towel is highly required to train on the equipment or for the on-floor exercises.
- Socks are mandatory. We recommend using socks with grips on the equipment for safety reasons.

- **MOVIBES** does not accept any responsibility for loss, theft or damage to any items brought into the Studio. However, we urge you to place your belongings in the safe lockers. Please ask at reception for help in locating any misplaced or forgotten items.
- For everyone health, safety and comfort, no unsupervised children can be admitted into the Studio.

HEALTH CONCERNS

- You must let **MOVIBES** know about pertinent health issues or anything you think may affect your workout.
- If your condition changes (i.e. if you become pregnant or suffer even a minor fall) please let us know so that we can update your medical records and provide you with the best possible service.

Today's Date

Client Signature

MOVIBES - License No. 769446 - Registration No. 200049

Address: Dasman Aream Sheikh Zayed Str., Villa 257-1

MOVIBES is registered and licensed by the Government of Sharjah – Economic Development Department